

Young People's Sexual Health Services

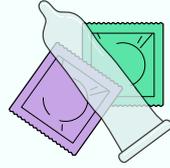
Free and confidential services for young people age 13+ in Lothian.



Free condoms (13+)

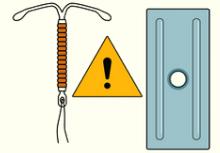
c:card: www.ccard.org.uk

- Pick up at local points
- Order by post (free condoms sent in a plain envelope)
www.ccard.org.uk/free-condoms-by-post



Emergency Contraception (13+)

- Free at any Lothian pharmacy
Can also supply bridging 3 months of progesterone only pill (POP)
- Sexual health clinics with trusted staff
www.healthyrespect.co.uk/find-services-near-me



School & Community Services (via Healthy Respect)

Delivered by **school nurses** and **youth workers** in high schools and community youth settings.

Free support includes:

- condoms
- pregnancy testing
- someone to talk to



Find services:
healthyrespect.co.uk/find-services-near-me

Easier to understand (ETU) website:
www.healthyrespect.co.uk/etu

Healthy Respect + Clinics (13+)

- Contraception (pill, implant, coil, injection)
- STI testing & treatment
- Emergency contraception
- Pregnancy testing, support, and options
- Friendly youth workers to talk to

Chalmers Centre drop-in
Monday–Thursday 3.30–7pm
Friday 1–3.30pm



Local clinics:
Croft Street (Dalkeith), 101 Youth Project (Livingston), Pennywell, Tranent.

Find opening times:
www.lothiansexualhealth.scot/where-can-i-get-help

Specialist services

Lothian Sexual & Reproductive Health Services

Offering:

- Contraception
- Testing and treatment for STIs and HIV (including PrEP)
- Gender identity support

Available at Chalmers Centre and some local clinics.

Find out more:
www.lothiansexualhealth.scot

NHS Lothian Abortion Service – Choices

Confidential support to understand the different choices. Available to anyone living in Lothian.

Call 0131 536 1070 (option 2)

WISHES

Support for women affected by homelessness, care, prostitution, leaving care, or other vulnerabilities.

Email: wishes@nhs.scot

ROAM

A community based, outreach sexual health service for gay, bisexual, trans and all men who have sex with men (16+).

www.roam-outreach.com



Find a full list of sexual health services in Lothian
Chalmers Sexual Health Centre and local clinics



Find services near you for young people 13+ clinics and school & community services

