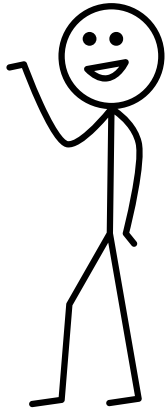


Types of people

Me	I am the most important person in my life.
Family	My parents, siblings, grandparents, aunts and uncles, cousins, step parents and siblings, foster carers.
Friends	People in the same age group as me that I spend time with in real life (not just online). We enjoy spending time together in person, and care about each other. My trusted adults know them.
Online friends	People I am friends with and talk to online.
Support people	People whose job it is to work with and support me. These people may be teachers, teacher aids, support workers, counsellors, carers, coaches, nurses, doctors.
Friendly people	People I know a little bit, but not very well. Someone like a family member of a friend, a neighbour, someone I see around town, or who goes to my school.
Strangers	Someone I do not know. This includes familiar public figures like celebrities.
Romantic partner	Romantic partners have romantic feelings for each other and both agree to be in a relationship. Friends can become romantic partners. Family members and support people can never be your romantic partner.

Rules for touch

Me	I decide what kind of touching i am OK with. It is OK for me to touch my own private body parts in a private place. If I want to masturbate, I must do this in my bedroom or bathroom at home.
Family	It is OK for family members to hug, high 5, handshake, hold hands, or have a quick kiss on the cheek or lips if both people say yes. A cuddle with clothes on, or a shoulder rub can also be OK with very close family members. It is never OK to have sexual touch with a family member.
Friends	It is OK to have a high 5, hug, handshake, or hold hands with a friend if both people say yes. Sexual touching is not allowed for friends, but friends are allowed to become romantic partners.
Online friends	It is not OK to touch online friends. Never share pictures of private body parts or sexual pictures with online friends.
Support people	It is OK to have a high 5, have a quick hug, handshake with a support person if both people say yes. Medical professionals might touch you if you need medical care. It is not OK to have sexual touch with support people.
Friendly people	It is ok to have a high 5 or hand shake with friendly people, if both people say yes. It is not ok to have sexual touch with friendly people.
Strangers	It is OK to have a handshake with a stranger, if both people say yes. It is not OK to have sexual touch with friendly people.
Romantic partner	Romantic partners are allowed to have sexual touch, but only if both people over 16 years old and able to give consent. There are lots of rules about consent that you must learn before having sexual touch.



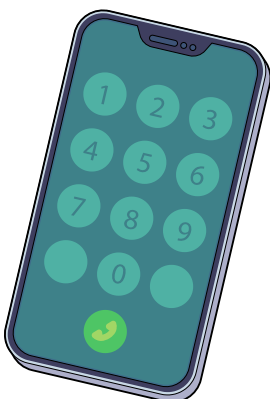
Me



Family



Friends



Online Friends



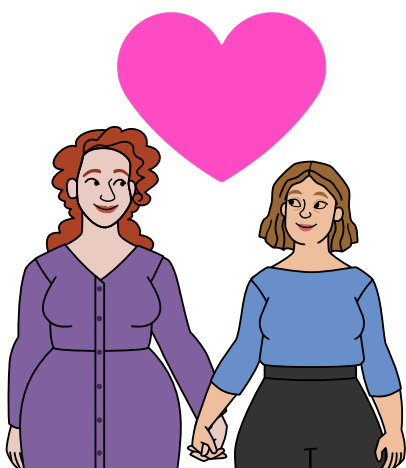
Support people



Friendly people



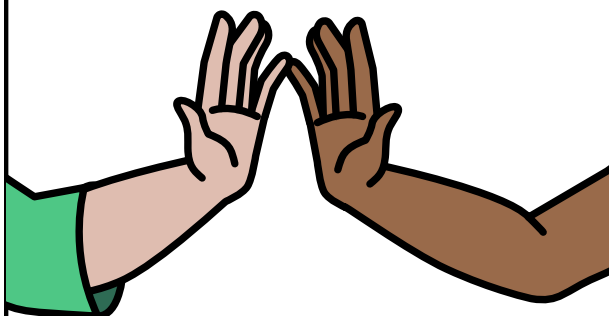
Strangers



**Romantic
partner**



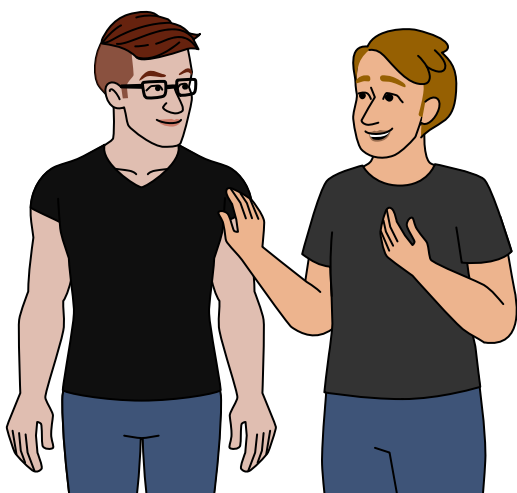
Hugging



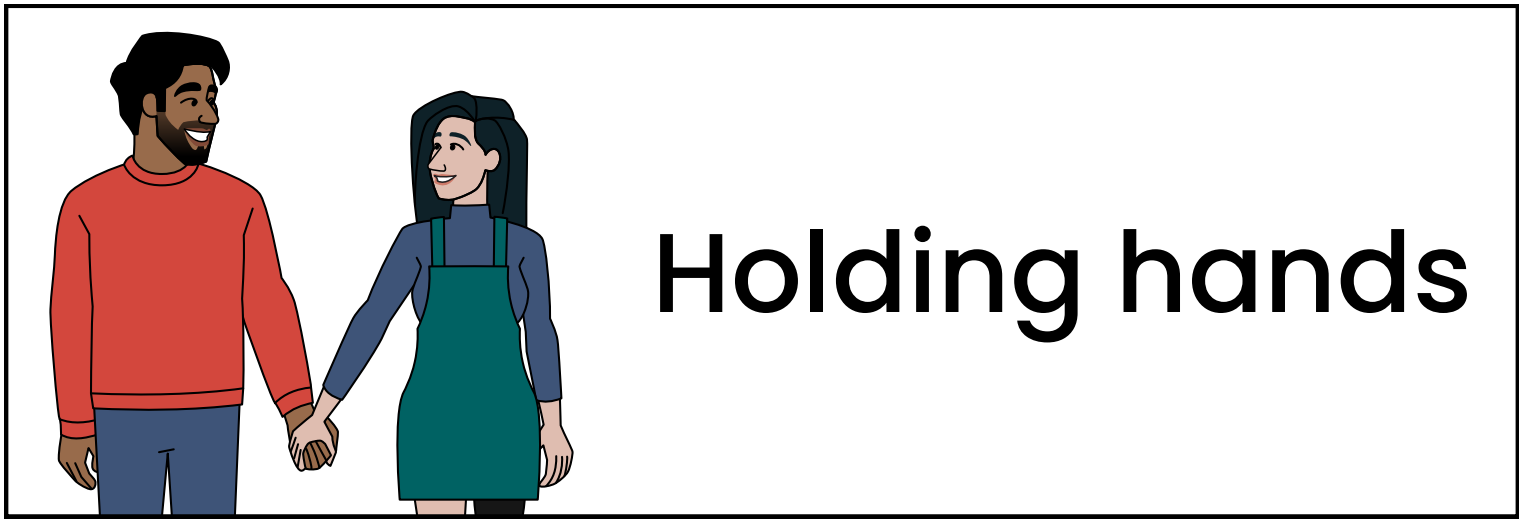
High 5



Handshake



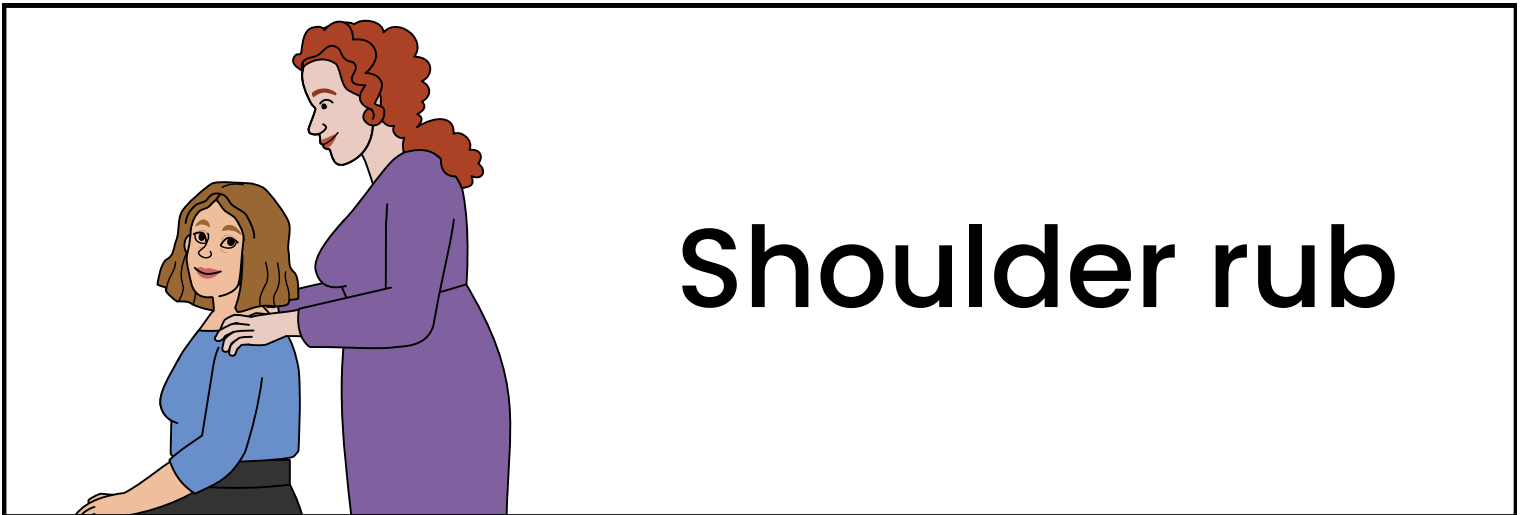
Touching arm



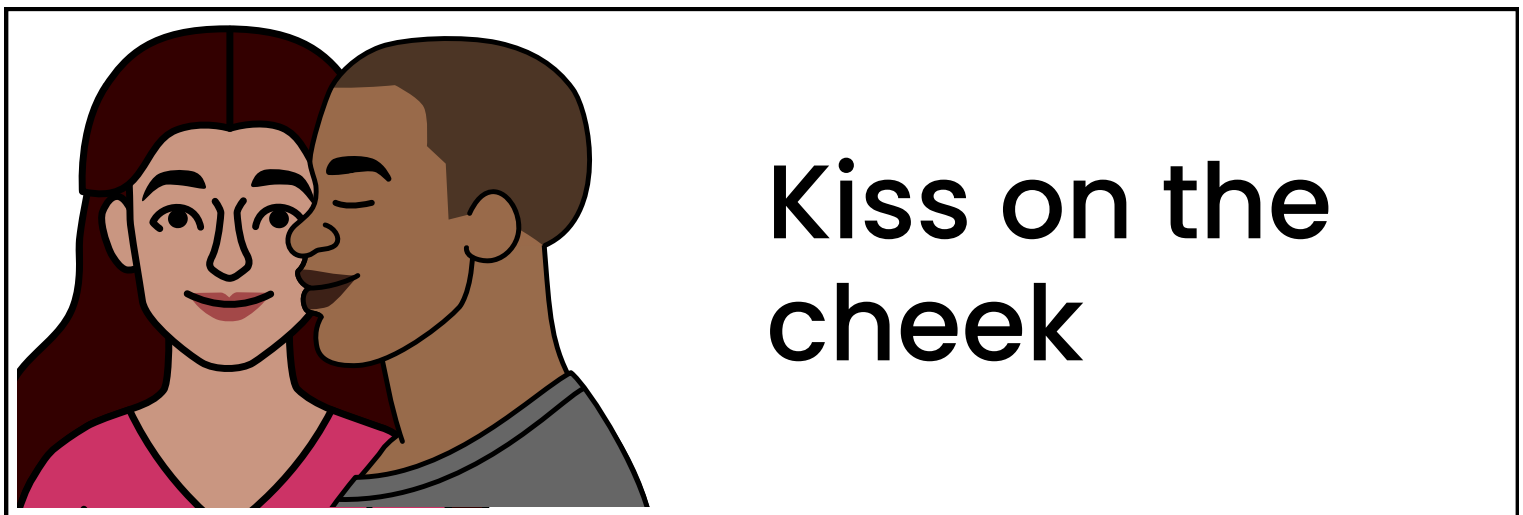
Holding hands



Touching for
health care



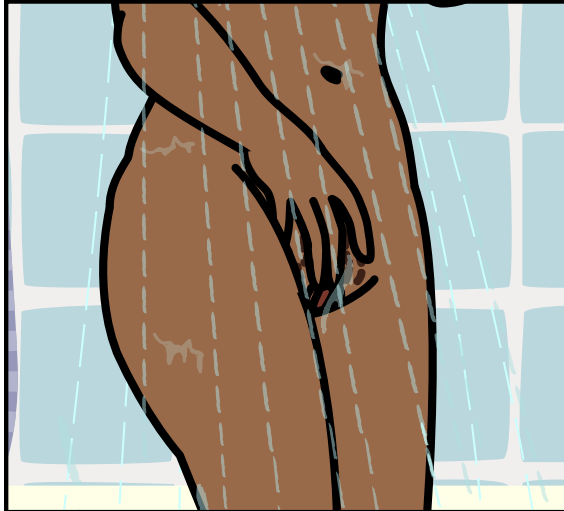
Shoulder rub



Kiss on the
cheek



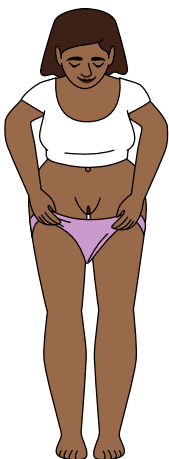
**Kiss on the
lips**



**Washing
private parts**



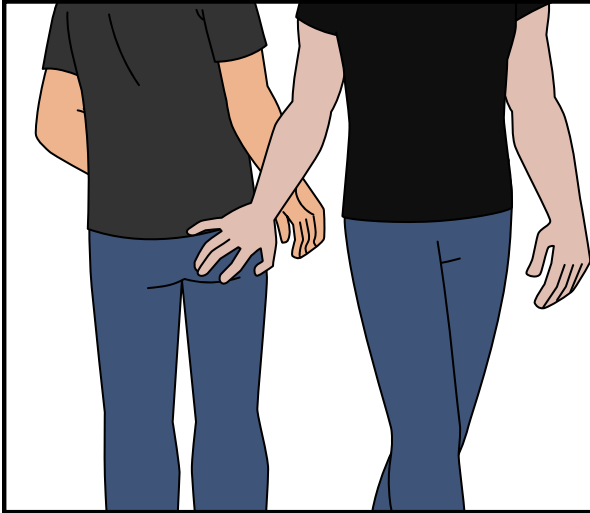
Using the toilet



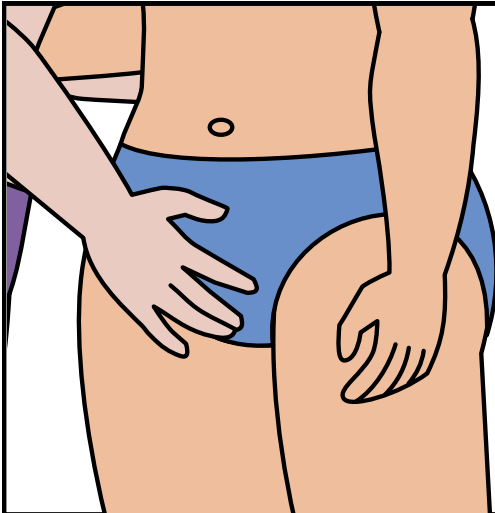
Getting dressed



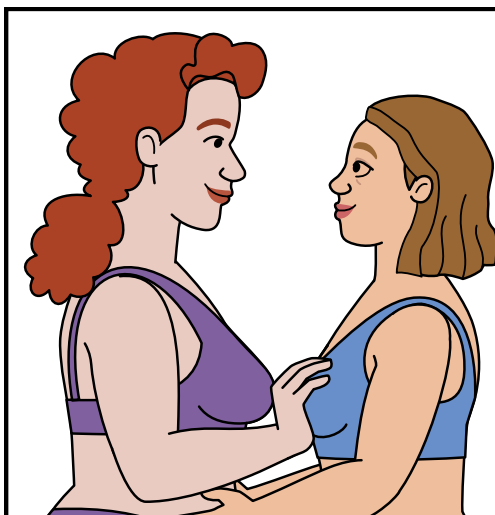
Cuddling



**Touching
bottom**



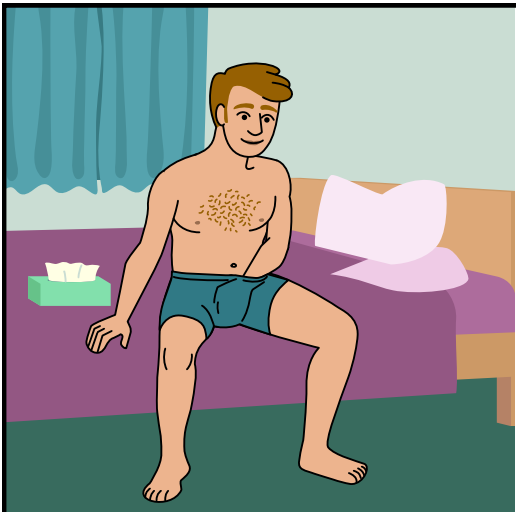
**Touching private
parts for pleasure**



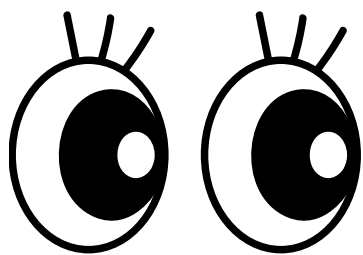
**Touching
breasts**



Having sex



Masturbation



**Looking at private
body parts**

Private

Public



A friends
house



A shopping
mall



Public toilet



**My bathroom
at home**



My bedroom



The classroom



Outside



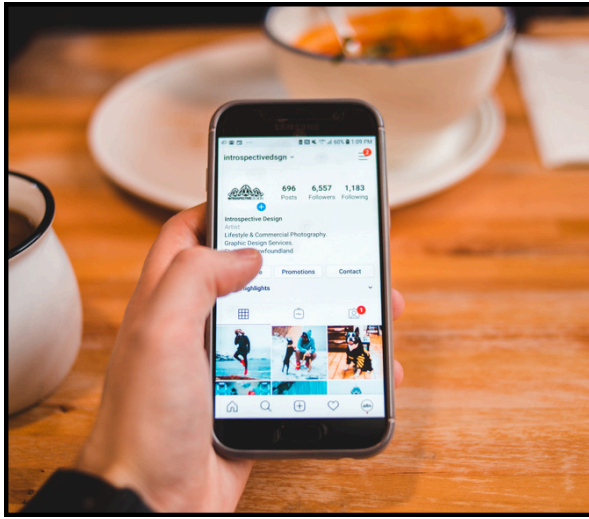
A swimming pool



A living room



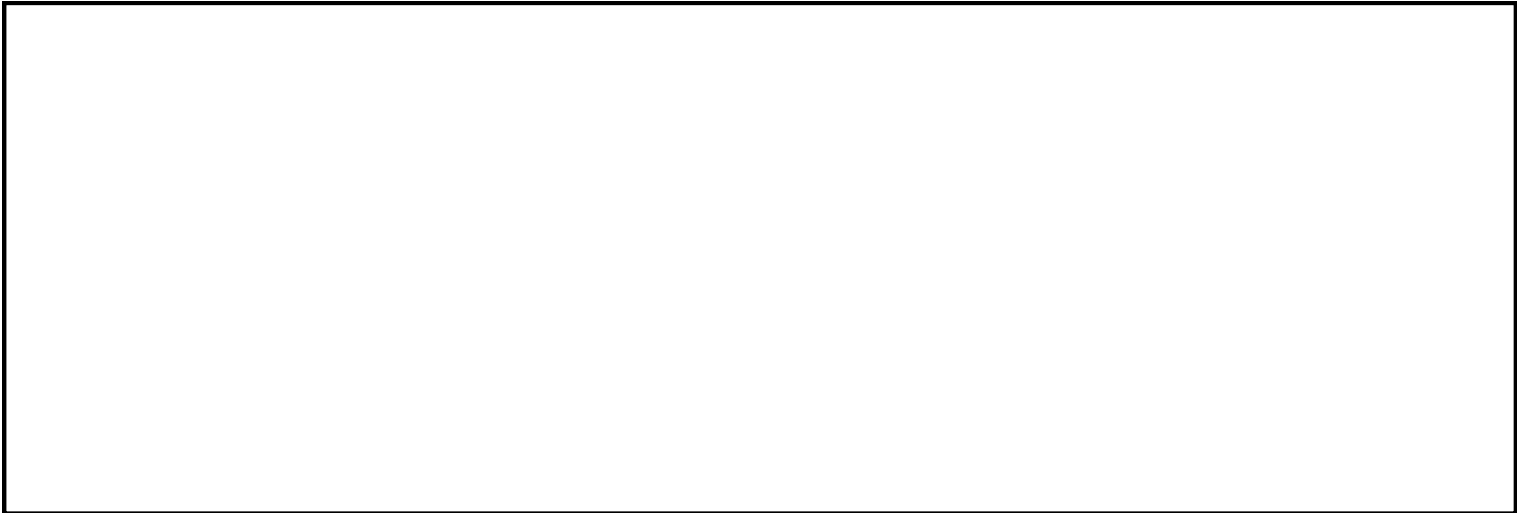
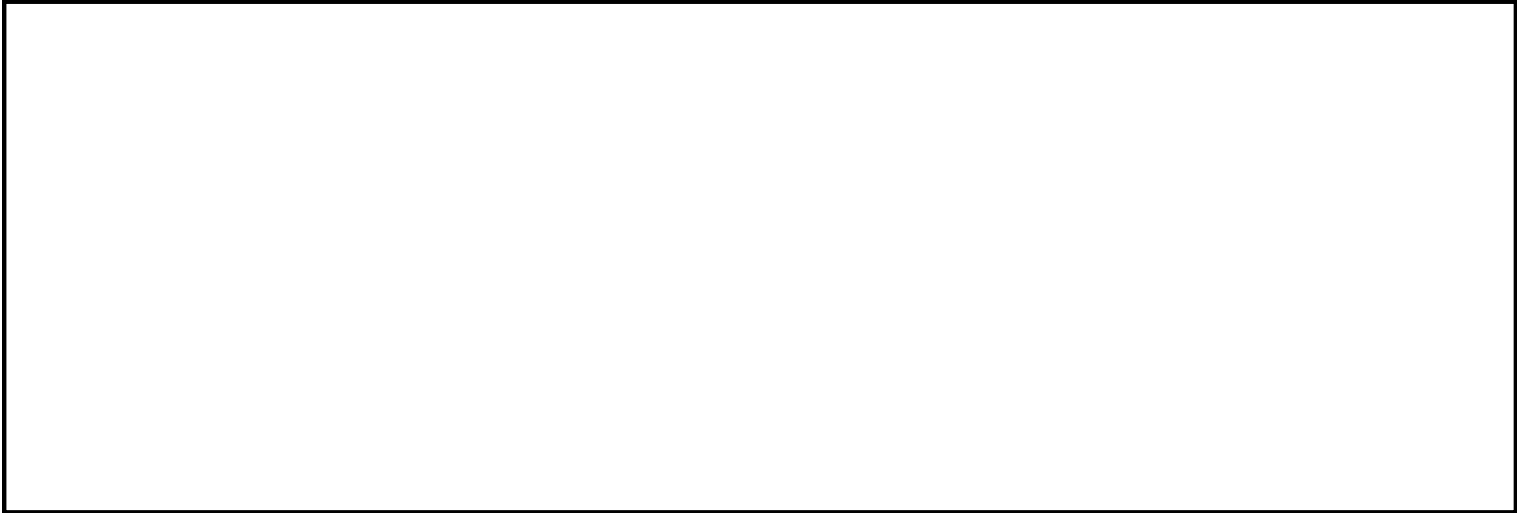
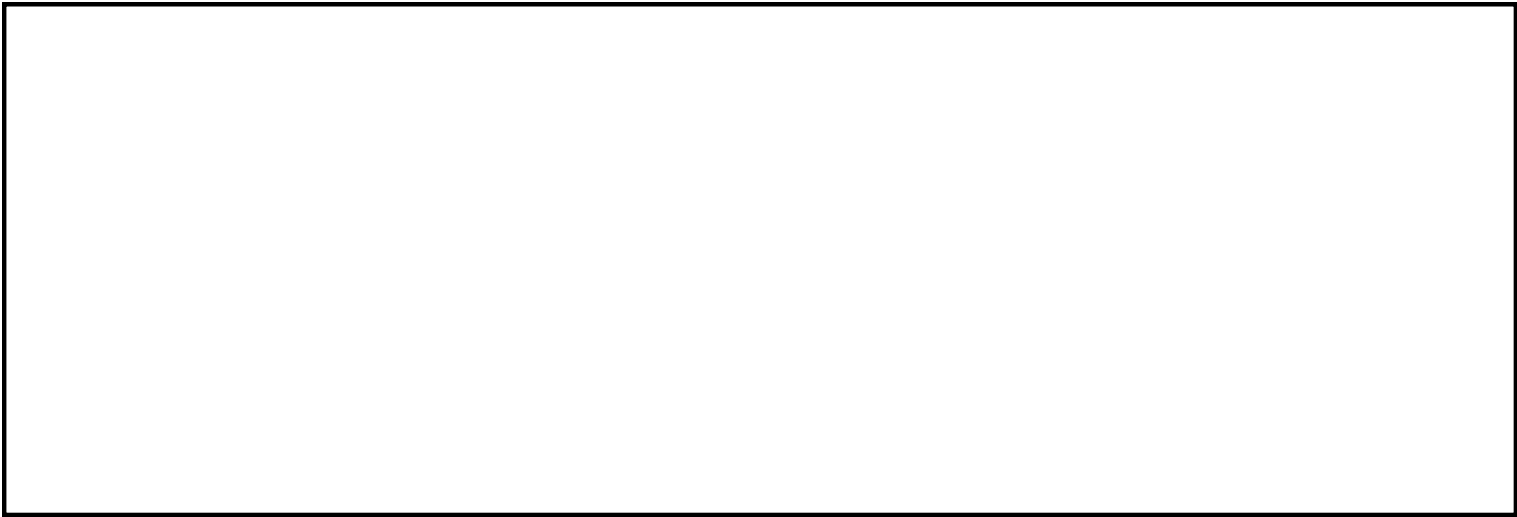
Online



Social media

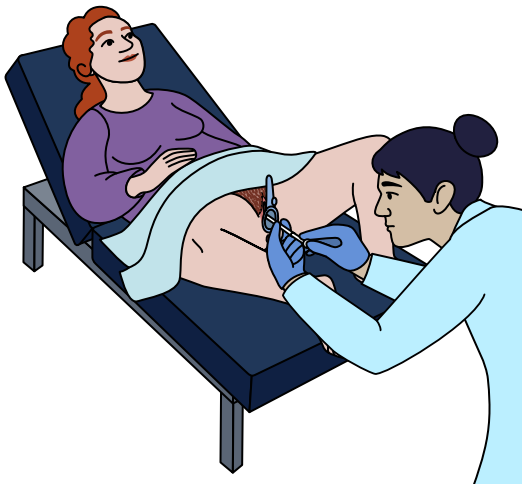


Private message apps



Optional additional cards

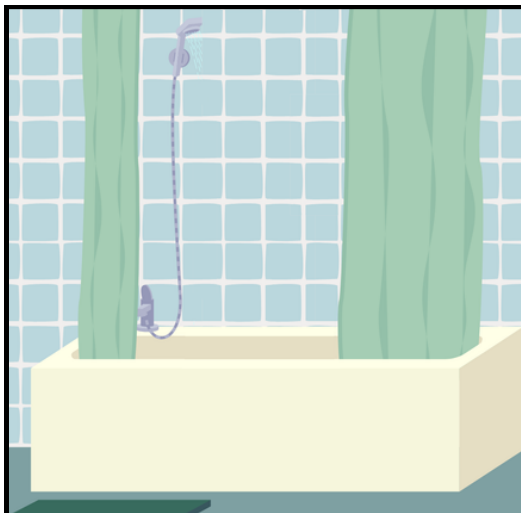
For learners that may require personal care or for introduction when discussing concepts like reproductive healthcare/contraception.



**Health care for
private body
parts**



**Wiping private
parts after using
the toilet**



**Help with
bathing**

Optional additional cards

For learners that may require personal care or for introduction when discussing concepts like reproductive healthcare/contraception.



**Personal
caregivers**



**Doctors and
nurses**

Rules for touch and personal care

Me	I decide what kind of touching i am OK with. It is OK for me to touch my own private body parts in a private place. If I want to masturbate, I must do this in my bedroom or bathroom at home.
Family	It is OK for family members to hug, high 5, handshake, hold hands, or have a quick kiss on the cheek or lips if both people say yes. A cuddle with clothes on, or a shoulder rub can also be OK with very close family members. It is never OK to have sexual touch with a family member.
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Friendly people	It is ok to have a high 5 or hand shake with friendly people, if both people say yes. It is not ok to have sexual touch with friendly people.
Strangers	It is OK to have a handshake with a stranger, if both people say yes. It is not OK to have sexual touch with friendly people.
Romantic partner	Romantic partners are allowed to have sexual touching, but only if both people are able to give consent. There are lots of rules about consent that you must learn before having sexual touch.
Personal caregivers	Certain support people and members of my family might help me with my personal care tasks to keep my body clean and healthy. I know who these people are and what kinds of care tasks they help me with. Sexual touching is not allowed for personal caregivers.